



. Breast of a monkey' = ahpe teet 2 = tway . Knife-door-bite = mess-durr-bait . 3 = dree . What's your name? = Who hate you? 4 = veer 5 = vife . I don't understand = lk Be grip hat neat Toilet paper is finished = Het T'voilet papir iss up Have you any long papers? = Haaft U Lange Flu-ee? Do you swollow or spit? = Sch-lick yea off Spuk yea? My bike has been stolen = mine feets is geh stoh len! Have I seen you before? = heb ek ve ear dare the scene? m on mushrooms = lk ben under influte van Pade-stoolen May I smoke a joint ? = Mak-ik-un Jointe hir Rocken'? You have beautiful eyes = ye hebt mo ye oh ghen! . Where are my clogs? = Var zi(e)n min Klumpen? Watch out for the cyclists = Pass op for feetsers! . Bill \ pay please = Do Regening Als tu bleift . Did you have to come? = moosed ye coma 6 = sais Pay with credit card? = Can-ik heer Pinnin = sayvan . Brush your teeth = poots ye tahn den . 8 = aght . You are wrong = ye hept un ghe like . Do you suck? = wHo pipe yea? 10 = teen . I am drunk = ek ben drong can 100 = hon-durt Magnify/enlarge = fur ghrote-n 1000 = Dawsent \* . I'm lost! = Ik ben fer Dvalt ! . Damn it ! = Hot fer Dumen! 69 = Neek an . Stamps = Post seagulls . Nice\cozy = Ge - zelich Hallo = Dag

. Cool = FET!!

. Crazy = gheck

. Tasty = Leeke

Watch out! = Kike uvht

. Good bye = Do E

Call me = Bell meh

Marry me = Traumah

Our famous City Spy maps are made for you, young people traveling around Europe. With our map you can move in the cities just as a local, it is full of tips on services, entertainment and sleeps, enjoying coloured frames = 4 categories, icon system to characterize the places...grid & No. -matching the map
PUBS & CLUBS CAFE & DINNING ACCOMMODATION OTHERS PUBS & CLUBS

the international dialling code to TRIP TO ... ,THE DAM'...

\*je hebt nog een hoop te doen\*= you have a lot to do & do. !!! This town is all it's own !!! so much appeal, energy & world flavor 'A boiling POT'. everything everyone is \*Mager, Geinig en Mooi\*= skinny funny & beautiful...

will see the \*het spinneweb\*

spider's web .. Everything is

YOU ARE NOT ALREADY

**Robin Food Kollektief** 

Vegan & Vegetarian eating comme

Mon & Wed & Thur: 18.00-20.

for a very good price, thanks to the

tram 3 - "Hugo de Grootplein"

A'DAM'S are not all

so excited by the availability of marijuana

not illegal, never was., they

A'dam's prefer

& Singel 52

10.00-22.00

volunteers who cook for you!

f s

Sunday: 13.00- 22.00
www.robinfoodkollektief.n

www.seeddharta

YOU CAN BE ANONYMOUS.. YOU CAN BE FAMOUS.

you can do whatever you want.. as long as you play by the rules & pay your taxes.. cum & savor. This is a your taxes.. cum & savor. Inis is a fast town .. only half the population are ,BAKED... the others.. love to bridges & so far 88km of drink & ,be Dutch'... hyper chatty man-made canal. Every little wise' guys & cool' as ice big blond girls ..The water is wet & colourful is the life wherever you find. map with your eyes unfocused

The Bulldog hotel \*\*\*\*\*

World famous super comfy hangout, frequented by rock stors... Secure, comfortable & easy to locate. Enjoy wiff the bar-lounge for good food ,n' drinks, game of pool.. or coffeeshop... may cause appetite, laughing & a sense of extreme well being! roof top & street terrace gardens for high & low days. rrace gardens for high & low day uch a mix of people stay & lay here.

fax: 20-627 16

On the main RED LIGHT canals RESIDENTS OF AMSTERDAM=

A'dam's, have their own pace of life . . \*neem je tijd\*= take your time ..'don't complain, it is bad for motivation'... A'dam's are happy to hang-out (like the waving ladies in the windows?) shoot the breeze & chew the fat with you FYI: Hemp products' T-shirt, hat, socks or diary)... You will be waiting a long long time to fill your sails!.. in fact you will probably \*Poets je klompen voordat je de pijp uit gaat\* = PoP your clogs before you fly away.

educate. The difference between (sorry but it's as simple that)) De Nieuwe Anita venue dope' has lost that forbidder Frederik Mon & Thu: 18:00-01:00 space cakes . . . HANG ON... wait wait wait.. what were we Tue, Wed, Fri, Sat;20:00-01:00 Sun:if open16:00-23:00 iust talking about? . ? Magic Mushroom shroom gallery-smart shop-magical products

cosy place that hosts bands. & all that is creative fun. It's the place where imaginary Anita came to find herself then came out all shiny, all new & down with all the cool cats in town The atmosphere is homey & relaxed for all ages. The bar serves a wild variety week. Man, you just gotta. trams 13 14 to Bilderdijkstraat"

or tram 3 to "Hugo de Grootplein"

your money hanging out of your

of your back pocket... then you

ON THE SURFACE

veryone is stoned all the time..:-)

& say "Hoi" or something like

Tram 1,2,5 - "Spui" 📆 DE WALLEN' THE NATIONAL DISH The ,main' Red light district \*Snert & verse haring met (G H3)- is that a woman? cost you a 50 to find out for real.. you can go around & flirt for free... uitjes\* = Pea soup & raw herring can go around & flirt for free... w/ onions, mmmm? If you THE ZEEDIJK until a few don't try it you will regret it fo yars ago this street was known as Zombie town \*de vliegende try it .... \*mischien krijg jij d'r ook \*mischien krijg iji d'r ook If you get paranoid after ,a smoke', then go sooner, rather than later... it's still a bit slim ,n' shady.... THE NIEUWMARKT \*De Waag\* = the scales, entrance point to the Original ,commercial

eating herring this way in 1385. cool pool Elandstraat 119 ues-Thu: 16.00-01.00 Fri: till 02.00 Sat: CHINATOWN (H3) Land of the 12.00 till 02.00 rising SUN, the ,real deal' .. good food & unique street possibilities. Don't loose your load by leaving Sun: 13.00.01.00

f mo

stimulants and much more!

iffles, herbal xtc / energizers, sex

since 1978 by the ladies- for the ladies...
this was an ,infamous' women only bar
till 1999... now open to all visitors of
open heart & mind. Full bar, music & pants, if you leave it looking out or events. Basement pool hall, cocktails & cakes, snacks & specials.. smoking room, happy hours, over 25 beers to choose - cozy, friendly, flirty & FUN. just off Prinsengracht ngs THIS MAY BE THE EYE NDLIEST CITY in all

RIENDLIEST CITY in all LYL www.nodern Europe & it's not just that cinema complex,... showing Architecture of that building that... It's probably because.. they don't know you yet ... :-) :-) ferry- Buiksloterweg (1i) eye eye captain Al Ponte

ın eat at Croissanterie Jennifeı to pl GO gallery ART urban de'sign

24/7 is not this cities

e name!! you want to party / & around culture all day & Try & CANVAS (H6) & you

Wed- Fri:12.00- 18.00

display the work through..

In the Jordan, 5 Min's walk from

SEE FOR YOURSELF!!!

visit the \*Hoffe\*=courtvards. (if

vorkers who built this city during

unique & delightful place to be....por

F2 with punkers.. both young & old'er

you can sit there like in a bar...;-)

By Noorder Kerk

REMBRANDT

e died a totally

side Westerkerk/De

By Noorder Kerk

Westertoren (F2) the tallest tower in

omo, monument are also near by.

House of Tattoos tattoo

studio & salon design centre
Haarlemmerdijk 130

Noordermarket.Tram 3.10 Bus 18, 21

Make coffee, not war! - says owne Silvia., Mama, she's not kidding: th coffee bean is taken very very seriou nere....same goes for real Italian food raanic ingredients.. very good 8 Ithy. A moment of calm, sit righ the water, cappuccino & panini in and, sea-birds above, boats aoina v & then just 5 min's on the free fo & you straight back into the crazine of the city.... fresh.. fresco

free Ferry to liplein behind train

MY FIRST TRIP F2 or whichever medium they choose to o Amsterdam, when I was a snot nosed green horn'.. semi-teenager... blew it.. smoked too much of it blew me right away JORDAAN = GARDEN perhaps the MOST BEAUTIFUL

Vind-it Vintage small, well VINDIT assured vintage store

the `golden age' 1585-1672 lived = streets take you on an adventure where every turn gives a changing view & secret yords. If you like to change your appearance accordingly, colourful, classy, funky or rockin', affordable vintage from the best era's, for men & women. Get that special Amsterdam look, they are happy to advise on further shops, arts. bars & food near by. twice, many cafes & street bars.. café deli terrace bar

café deli terrace bar

prinsengracht 60-62
Daily: 12.00-22.00 +

-Noordermarkt

NOWADAYS,

oity, artistic atmos. Light seasona lunches & meal offers... So fresh it's still sprouting ... Rye rolls on goat cheese salads totu, nuts, mushrooms & olive oils... daily soup & pasta specials. public houses & some of the finest estaurants. Most shops open at 11

Cut the crap hair studio & Wed:11.00-20.00 Sun:12.00-17.00

venir than some stupid ceramic windmill... & it's a personal experience! F1 & for any waiting times browse the used records in-store, cut a bargain.. by the Noorder Kerk.

MARKETS MARKETS

IvDapperstraat(L5)that'swhere normal prices. ALBERT CUYP (I most diverse, what are you after?... WATERLOOPLEIN\*\* (H4) daily-

true ,thrift' homeless project shop

vou did not find it in A'dam ...The

it probably doesn't exist yet...! You may also pick the deal of a lifetime

Occii cultural venue forme

squat complex of mini scenes

Weekday 20:30 - 01:0

More than just a place to GO.. it's ab

www.occii.org FB/ OCCII till 3-4+-

kids program.. Volkskeuken.... www

for up to 50 people / solo or group.

place to go around on...

In the business for more than 33 years.. that's a lot of tattoos.. dealing in custom jobs or a skin souvenir HET SPUI\*\*(F3) around the \*Het Lieverdje\* = Little Darling statue, be missing. Sign & his 5 grtists will take the time to treat you to your reall NORDER MARKT (F1) in Jordaan... unique own personal clean... imagine that ! onal brand... 100% Monday morning is flea's & clothes & on Saturdays big buzz 'Bio' farmers stalls DBP Haarlemmerstraat 146 (G1) a

18, 21, 22- "Haarlemmerplein"

TerraZen Centre 100% vegar Mo-Su 12.00-22.00

Www.terrazencentre.com

know yet existed & THE BLACK
MARKET\*\*\*\* 24/7 all around
the Red light district;-)) Experience the connection to Mother Earth from the 1'st step... 2'nd step, your skanking the menu board to do' reggee tunes! Combine Japanese & Caribbean tastes, to create unique dishes healthy, delicious. Keeping on, everyone sits at the same table, sharing foods & a good word with your neighbour. Organic largredients sourced local as possible. No life harmed for meals, eating not a crime minutes from Centraal Station people, genuine, scene for punk life & soul, no only. first & foremost independent, non-profit/commercial, tram 1,2,5,13,17 "Nieuwezijds

Kolk"- first stop ANY OF YOU GET

sweet tooth around this time of ay? well.. behind Heineken on Book before 020-6790712. cooking veggie / vegan, €5 eat as much you need... nice, idea, enjoy .. more places Tram 1- end of Vondelpark

18.00..(E6).last hour the sell of the cakes half price !!!

Bob's hostel

tutionalized junale Roh's has he ound & seen it all, thro

VINCENT VAN GOGH www.vangoghmuseum.nl

THE HEINEKEN EXPERIENCE www.heinekenexperience.com n 1867 the first brewery stone was laid. & there was water enough. juderskade 78. (F5) vet another smart way to use some up.. water that is.. cheers!

Bij Ons Vintage vintage 1) Nieuwezijds Voorburgwal 150 Mo & Su12:00-19:00
Tue & We11:00-19:00
Thu-Sat10:00-19:00 Mo11:00-19:00 Tue-Su10:00-19:0 inter till 18:00 II Bij Ons V Really one of the leading vintage

shopping experiences in Amsterdam! 2 shops packed with the best 80's and 2 90's clothes & accessories all se 1) tram 1,2,5,13,17 "Nieuweziids

one, understand... big wings & scales & breathing fire...wait no that was something else ...? here is a micro brewery \*tIJ\*=
ostrich Egg', they serve
to the terrace 15.00-20.00 go there & drink home brew

Kingfisher bistro bar terrace

Fri-Sat: till o3.00 Sun: 12.00-01.00 f kingfisher amste

favourite point of this area 'De Pijp'='The Pipe'.. bright & up-design. lots of movement light & buzz, Reminds you of the dining car on a fast train.. Quality food menu & inventive seasonal daily specials... friendly prices - friendlier service. Big select of Irinks, hot, cold, strong & free... Wall to wall windows / ideal spot for watching the world & the day go right on by. 16, 24 - "Stadhouderskade"

SCHEEPVAART SCHEEPVAART MUSEUM

were not satisfied looking over things so they set sail to look things over very early in history. For example, Dutchman Abel Tasman 'discovered' Tasmania in 1642! Pieter Minuit bought Manhattan island from ,the red Injuns' in 1626 for 24\$. VOC-Dutch East Indian- ship is now moored up here, having first sailed in 1748, (J3). ..life is but dream..

Kokopelli smart shop gallery

& tripping lounge

You've found the Psychedelic sanctuary! smart, head, sex, books, estimated by sitting the sanctuary! smart, head, sex, books, estimated by your set, foliage yourself, find what you may... Get inspired!! Deco & Art everywhere, all kinds of tools for self guide you to your thing & enjoy the waterside view, safely inside this bubble. Epic selections & wierd drinks. in the Centraal Canals - Red light this symbol on our map ..... & relax

Fully restored & reinvented & OPEN AGAIN

e RIJKSMUSEUM-

ave raised the interactive leve o a place... which you need to go ee for yourself... Here too you will ee the original versions of some /ERY famous paintings.. Jan uijkenstraat (E5). irthday they give you special

De Hummus House fresh hand made hummus
Daily 11:30-23:00
www.hummushouse.nl
De Hummus House

spread the love. Preferably, on a hou aked pita !! Do it like they do Central location whilst away from the nmotion, pleasant ambiental musi-H3 & the cooks are preparing the food right there with you... mad skills. 1) by Metro stop "Nieuwmarkt"

The GREAT TULIP PLAGUE of 1637... Known as "the year full stereo color & bloomin great. Get out to the Haarlem train station rent a bike there

(or BY0) this area is \*Allen maar bloemeties strandjes en wentelwiekjes\*= ,ALL' flowers, beaches, windmills, many ,representative'.. poi's Go direction Leiden a 29 km cycle De Gooyer WINDMILL back to town (if you still want to).

Do this the other way around if from there you can get the train you wish, either way you still won't find a hill, to go up, down or over ...

NEMO - www.e-nemo.nl-The ultimate technological science center. Float in & buzz with all nlitting fun

BIBLIOTHEEK -

www.oha.nl - the AMAZING library, fantastic place with lots of great things to do... all free, paid for by the powers that be !.. OKokOK so it is ,a place of study\.. but it is one of the best .. in the world.. in

AMSTERDAM HISTORICAL MUSEUM

Ponboy

the lifeline, story & the roots of the 'MOKUM' = A'dam swamps, of how onward & upward, het Spui (F3)



www.popboy.nl f You'll find framed pinup photo from the 50's & 60's, the place it

uld be \*Jenever\* the original smokin', unless you are in an official COFFEE SHOP, then it is polite to ask the bar tender if it's OK vou on the door makes the distinction between bar

Mood Indigo vintage MOOD denim store INTAGE DENIM E kile tage denim store. Located in the

oldest vintage shop from Amsterdar since 1969), Mood Indigo tributes the raw history of classic jeans and apparel's clothing. Once, a bare necessity for workers & farmers, now elevated to true daily fashion. Open 7 days a week.

PENNY shopping for him & her Eerste van de Daily: 11 oo- 19 o VINTAGE Kilos

One of Amsterdam's prettiest vintag hons located in the midst of quart

Heineken

22 Cafe Sonneveld authent Molly Malone's Oudezijdskolk 9 Mon-Thu: 12.00-01.00 Fri & Sat: 11.00-03.00 f www.cafe mantic location amona the Jordaai

f Molly-Mo comedian Deco' of all kinds An Irish pub as should be. Ol of ,craic' ! .. all kinds of characte & a happy buzz, accents from end over the world. Sports fans have to big screens, all the Irish sports. Trac me-cooked foods. largest portion freshest ingredients, best of meats by the Westerkerk day turns into night welcome on sto

Café Daan & Daan nice homemade bar & terrace

when it shines... it shines here! The are seats for +/-50 people... the Daan pour ,decent' beers & serve homemac soups, Dam tasty snacks, toasties the best tasting APPLE pie in town. Tr music is rare funk, mod, jazz, country
blues to rock&roll.. that quite we describes the regulars too..

you will pass it on the bike THE REAL ANIMALS

ARE CAGED. in the ARTIS Z00 over on Plantage Kerklaan Middenlaa

BOTANICAL GARDENS, fo all the other plants the Dutch have

MEDICUS MEDICUS ... a herb garde for the physici

Burrito mexican restaura De Cle

e-Sun 16:00-22:3 ving authentic foods in colourful & iolly atmosphere, plenty of eviden that los Mariachis' has blessed the place, high quality portions, affordable prices & of course no meal is complete prices & of course no meal is complete without a margarita to awake those flavors.. Ay caramba! Arriba Arriba the astest & the most est!

straat/Rozengracht" SMOKIN' IF NOT SURE, peep into the living rooms of past. Keizersgracht 672 (F4)

ask the dealer about the effect it's mostly imported & bought by government guy in a tie who doesn't even smoke! The grass is till 58'. He had more etchings all grown here & they have fun with mixin' seeds & bright lights to create something very .. eh.. than the average guy could ever to create something very ... ell., emm aa Amsterdam... now you know the truth. Strong huh? ETA 16.20 & counting

Los Criubuic cafe & community

Los Criubuic cafe & community

Het Spinhuis cafe & community HET SPIOHUIS Singel 165a

under the Torensluisbrug at Singel for a while . . . RELAX .

**Distortion Records** 

f n

universe in there. Enter & be integrated.

Explore the Discogs' catalog or browse around, you're in Wonderland & can

safely rely on your intuition to uncoy

hidden treasures. Vinvis. cd's: new

precious collector's items, from hous

techno to punk rock, find here all th

by Noorder Kerk

(i) IF YOU GOTTA

vhere else except the obvious

ive Bilharsia EEL's, which can

urgeon with a razor blade !!!

rogues gallery of musical talen guaranteed to keep you going on int

many ways to raise your heart

some more HORIZONTAL jogging.. !

ink vour skin tattoo & body

piercings shop Kerkstraat 115

Sunday: 13.00-19.30 www.inkyourskin.nl

artists makina custom masterpieces

depends on how much time, mone

tantasy & skin you nave... speciolizes in cover up & remaking of old ink... finest art gallery, kinda' amazing design store... T-shirts, stuff, jewelry.. they pierce all the body parts... perfection & hygene 101%

few minutes walk from

of cool things from days of old

students, the resource center

Boats, clothes, village creations

are traveling very quickly & those

peddle u around in the company of

MUSEUMS:

TROPEN = TROPICAL

MUSEUM VAN LOON

fantasy & skin you have... speci

Behind St. Nicholas

entered under your own steam!

second-hand, ruaged

Candy Store Flea market ue-Fri 11:00- 18:00 Sat 10:00 - 18:00

f ki sterdam's smallest vintage shop offers selected collectibles and gifts Not just clothing, but also books, sunglasses, hats, bags and other accessories.The smallest aift shop o the city is situated at the popular fled market (closed on Sunday). Waterlooplein metro / markets

Candy Store style shop

Daily: 11.00- 19.00

FOAM underground stuff you're in for a treat !!

w.foam.org-photography exhibition space/ museum.. a good one .. very mod.. ersgracht 609 (F4)

Mikes Bikes tours 1) Kerkstraat 123 2) Prins Hendrikkade 176 A March 1-Nov 30:09.00- 18.00

Dec-Feb from 10.00 Daily Countryside bike tour; windmills cheese farm/clog farm, polders and dikes.. & or City Bike Tours- bridges, iseboats, streets, canals !! Presen

CitySpy map for a 1£ discount on laily rentals and 2£ discount on any bike tour.

everything easy on two wheels KILOSTORE Fashion by

> KILO/STORE the gram Open: 11.00- 19.00 vintage (for men & women) is weighed by the kilo. Also, you find lots of today's unique tours even. & special bikes fo

narket. Open 7 davs a week. just by Rembrandtolein

funky dress up, get in Amsterdam'.

located next to Europe's oldest flea

onounced 'FONDLE' park argest GRASS PATCH in the city LENA Westers

Mn 10:00-19:00 he BLAUWETEAHOUSE

being played... beer in the sun & rain.. Further on & for cultur

VONDELPARK

La tertulia nice mello

Tues-Sat: 11.00-19.00 X- Sun & N

on the beautiful Prinsengrach

iFi garden, seats & tables here & there

cafe, juices, house weed brownie

& hot chocolate/ green chai sticks

You can make a hot gania drink with

on outside on the wa

10 min's walk from Leidseplei

Tram 1,2,5 - "Prinsengracht"

for bikes, don't count.. There is no better way to ,do' this town that

get vourself a BICYCLE... Ther

anded tourist on 2 wheels !!

Star bikes rental-cafe

STARBURES
De Ruyterkade 143
w/days: 8.00-19.00
w/ends: 09.00-19.00

cakes-terrace

up & down... softies, smoothies, teas,

stroopwafels a real dutch ganja cook

LA TERTULIA coffeeshop

Condomerie world's 1'st

Second Life Music co.

inch or 11 they will have to suit you the Lp's, Singles & Cd's galore. Every ge may well be hear & cheap as hell! A bargain hunters basement!! Old & new coming through ...U could spend hours in there... listening decks..

any tram to Dam square Museum Tram 7 10 or 1 2 5

A drug info centre with a difference Oudezijds Achterburgwal 124 safe use of recreational & medicinal herb. Discover all the things that think! Take a tour of the garden, ask all in the Red Light District

your questions about growing. Try th

truly higher education. in the Red Light District

SQUAT.NET there for every kind of show what there for every kind of show on ... that's a lot.. & that is a streets were 'taken' by the people. tip. !! you are welcome. (E<sup>2</sup> on ... that's a lot.. & that is a good as a reaction to lack of state social GitySpy Mapping A'dam 14'th nousing ..provo/cation protest A\narch & there were many street wars with the pigs... There are now only a few places which are not yet back in the hands of the capitalists & bankers.... These places represent a very specific

Bucharest . Bernn
Beograd . Budapes
Wien . Krakov
Warsaw . Barcelon
Istanbul . Wrocła visit, some are open daily others only

with bath point with the process of the process of